

# BRINGING THE FACTS INTO THE OPEN

WIDE SKIES  
**OPEN**  
MINDS

## Myth:

It's better to leave people with mental health conditions alone.

## Fact:

**HUMAN CONTACT  
IS IMPORTANT.**

**Most people with a mental health condition want to keep in contact with their friends, family and community.**

Join the campaign at  
[www.falklands.gov.fk/publichealth](http://www.falklands.gov.fk/publichealth)

#wideskiesopenminds

Let's talk mental health