

# BRINGING THE FACTS INTO THE OPEN

WIDE SKIES  
**OPEN**  
MINDS

## Myth:

If you have a mental health condition, you are unlikely to recover.

## Fact:

**MENTAL HEALTH  
CONDITIONS CAN  
BE TREATED.**

**Many people still work,  
have families and live  
full lives.**

Join the campaign at  
[www.falklands.gov.fk/publichealth](http://www.falklands.gov.fk/publichealth)

#wideskiesopenminds

Let's talk mental health