

**BRINGING THE FACTS INTO THE OPEN**

**WIDE SKIES  
OPEN  
MINDS**

**Myth:**

If you have a mental health condition, you are unlikely to recover.

**Fact:**

**MENTAL HEALTH CONDITIONS  
CAN BE TREATED.**

Many people still work, have families and live full lives.

Join the campaign at  
[www.falklands.gov.fk/publichealth](http://www.falklands.gov.fk/publichealth)

[#wideskiesopenminds](https://twitter.com/wideskiesopenminds)

Let's talk mental health

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MINDS**

**Myth:**

People with a mental health condition can't work.

**Fact:**

**YES THEY CAN,  
AND SUCCESSFULLY.**

**We all probably know someone at work going through this right now.**

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**#wideskiesopenminds**

**Let's talk mental health**